SMYER ISD SECONDARY LUNCH MENU

Fresh Vegetable choices and Seasonal Fruit are offered Daily

November 2022

FOOD4LIFE® APP • All the MENUS and more! • DOWNLOAD NOW

MONDAY

1 TUESDAY

Classic Station	Beefy Nachos w/Cheese Sauce
Pizza Parlor	Pepperoni & Cheese Pizza
Diner Station	Corn Dog, w/ Fries
Grab & Go	Chicken Fajita Salad
Sides	Spiced Pinto Beans, Tomato & Cucumber Salad, Sliced Peaches, Fresh Fruit Bar

2 WEDNESDAY

Creation Station	Wing Bar, Garlic Breadstick
Diner Station	Spicy Chicken Sandwich, Turkey Deli Sub Sandwich
Pizza Station	Cheese and Pepperoni Pizza
Grab & Go	Chef Salad
Sides	Baked Beans, w/ Fries, Baby Carrots, Fresh Pineapple, Fresh Fruit Bar

3 THURSDAY

Classic Cafe	Lasagna Rollup with Sauce, Garlic Breadstick
Diner	Chicken Nuggets w/Roll, Whole Grain Dinner Roll
Pizza Parlor	Cheese, Pepperoni and Meat Lovers Pizza
Grab & Go	Buffalo Chicken Salad
Sides	w/ Fries, Romaine Lettuce, Celery Sticks, Watermelon Chunks, Fresh Fruit Bar

4 FRIDAY

Classic Cafe	Popcorn Chicken Bowl, Biscuit
Diner Station	Chicken Sandwich, Max Stix w/Marinara Sauce
Pizza Station	Cheese and Pepperoni Pizza
Grab & Go	Cheeseburger, w/Fries
Sides	Cherry Tomato, Fresh Grapes, Fresh Fruit Bar, Peas & Carrots

EXTRA INFO

For questions, please contact Food Service Director Rosy Rivera
rosa.rivera@smyer-isd.com
**Choice of Milk: 1% White or Chocolate*
**Entrée Salads served with a Grain.*

This menu is subject to change without notice. This institution is an equal opportunity provider.

TAHER INC.

SMYER ISD SECONDARY LUNCH MENU

Fresh Vegetable choices and Seasonal Fruit are offered Daily

November 2022

FOOD4LIFE® APP • All the MENUS and more! • DOWNLOAD NOW

MONDAY 7

Classic Cafe Creamy Chicken Enchilada Bake, Tortilla Chips

Diner Station Corn Dog, Hawaiian Ham Sliders, w/Fries

Pizza Station Cheese and Pepperoni Pizza

Grab & Go Chicken Fajita Salad

Sides Spiced Pinto Beans, Spring Corn Salad, Cucumber Slices, Cantaloupe, Fresh Fruit Bar

TUESDAY 8

Classic Cafe BBQ Chicken Legs, Creamy Potato Salad, Whole Grain Dinner Roll

Diner Corn Dog, Cheeseburger, Golden Crinkle Cut French Fries

Pizza Parlor Cheese & Pepperoni Pizza

Grab & Go Chef Salad

Sides Ranch Style Beans, Corn on the Cob, Pineapple Tidbits, Fresh Fruit Basket

WEDNESDAY 9

Classic Cafe Walking Taco w/Cheese Sauce

Diner Station Spicy Chicken Tenders w/Roll, Italian Sub

Pizza Parlor Cheese & Pepperoni Pizza

Grab & Go Crispy Chicken Salad

Sides w/Fries, Italian Pasta Salad, Celery Sticks, Refried Beans, Watermelon Chunks, Fresh Fruit Bar

THURSDAY 10

Classic Cafe Country Fried Steak Fingers w/Roll, Mashed Potatoes & Gravy

Diner Station Chili Dog, Ham & Cheese Pinwheel, w/Fries

Pizza Parlor Cheese & Pepperoni Pizza

Grab & Go Tuna Salad

Sides Macaroni & Cheese, Garden Salad, Sliced Pears, Fresh Fruit Bar

FRIDAY 11

Classic Cafe Chili Cheese Fries

Diner Station Ham & Pepperoni Melt, Cheeseburger

Pizza Parlor Cheese & Pepperoni Pizza

Grab & Go Chicken Fajita Salad

Sides w/Fries, Sweet Corn, Cucumber Slices, Diced Peaches, Fresh Fruit Bar

EXTRA INFO

For questions, please contact Food Service Director Rosy Rivera
rosa.rivera@smyer-isd.com
**Choice of Milk: 1% White or Chocolate*
**Entrée Salads served with a Grain.*

This menu is subject to change without notice. This institution is an equal opportunity provider.

TAHER INC.

SMYER ISD SECONDARY LUNCH MENU

Fresh Vegetable choices and Seasonal Fruit are offered Daily

November 2022

FOOD4LIFE® APP • All the MENUS and more! • DOWNLOAD NOW

MONDAY 14

Classic Cafe Italian Meatball Sub, Marinara Sauce

Diner Station Brisket Burger, Ham Deli Sub Sandwich, w/Fries

Pizza Parlor Cheese & Pepperoni Pizza

Grab & Go Chef Salad

Sides Roasted Zucchini, Romaine & Spinach Salad, Watermelon Chunks, Fresh Fruit Bar

TUESDAY 15

Classic Cafe Roast Turkey & Gravy, Whole Grain Dinner Roll

Pizza Parlor Cheese, Pepperoni & Sausage Pizza

Grab & Go Chef Salad

Sides Green Beans, Mashed Potatoes, Snowball Salad, Fresh Fruit Basket, Cranberry Sauce

WEDNESDAY 16

Creation Station Beef Chili, Cornbread

Diner Spicy Chicken Sandwich, Max Stix, Golden French Fries

Pizza Parlor pepperoni & Cheese Pizza

Grab & Go Chef Salad

Sides Peas & Carrots, Cucumber Slices, Fresh Fruit Bar, Watermelon Chunks

THURSDAY 17

Classic Station Beefy Nachos & Queso Sauce

Diner Hotdog, Cheeseburger

Pizza Parlor Cheese & Pepperoni Pizza

Grab & Go Chicken Fajita Salad

Sides Golden Crinkle Cut French Fries, Tomato & Cucumber Salad, Spiced Pinto Beans, Pears, Fruit Bar

FRIDAY 18

Classic Cafe Chicken Alfredo w/Pasta, Garlic Breadstick

Diner Spicy Chicken Sandwich, Cheeseburger

Pizza Parlor Cheese, Pepperoni and Meat Lovers Pizza

Grab & Go Tuna Pasta Salad

Sides Waffle Fry, Caesar Salad, Broccoli Florets, Strawberries & Bananas Mix, Fruit Bar & *Chocolate Chip Co

EXTRA INFO

For questions, please contact Food Service Director Rosy Rivera
rosa.rivera@smyer-isd.com
**Choice of Milk: 1% White or Chocolate*
**Entrée Salads served with a Grain.*

This menu is subject to change without notice. This institution is an equal opportunity provider.

TAHER INC.

SMYER ISD SECONDARY LUNCH MENU

Fresh Vegetable choices and Seasonal Fruit are offered Daily

November 2022

FOOD4LIFE® APP • All the MENUS and more! • DOWNLOAD NOW

21 MONDAY

NO SCHOOL

22 TUESDAY

NO SCHOOL

23 WEDNESDAY

NO SCHOOL

24 THURSDAY

NO SCHOOL

25 FRIDAY

NO SCHOOL

EXTRA INFO

For questions, please contact Food Service Director Rosy Rivera
rosa.rivera@smyer-isd.com
**Choice of Milk: 1% White or Chocolate*
**Entrée Salads served with a Grain.*

This menu is subject to change without notice. This institution is an equal opportunity provider.

TAHER INC.

SMYER ISD SECONDARY LUNCH MENU

Fresh Vegetable choices and Seasonal Fruit are offered Daily

November 2022

FOOD4LIFE® APP • All the MENUS and more! • DOWNLOAD NOW

MONDAY 28

Classic Cafe Steak Fingers, Mashed Potatoes, Gravy & Dinner Roll

Diner Bean & Cheese Burrito, Chicken Nuggets, WG Roll

Pizza Parlor Cheese & Pepperoni Pizza

Grab & Go Honey Mustard Ham Wrap

Sides Tater Tots, Glazed Carrots, Tomato & Cucumber Salad, Diced Peaches, Fruit Bar

TUESDAY 29

Classic Cafe Italian Meatball Sub

Diner Station Chicken Salad Sandwich, Spicy Chicken Patty on Bun, Cheeseburger, w/Fries

Pizza Parlor Cheese, Pepperoni and Hawaiian Pizza

Grab & Go Southwest Chicken Salad

Sides Italian Tomato Salad, Steamed Broccoli, Mixed Fruit, Fresh Fruit Bar

WEDNESDAY 30

Creation Station Tangerine Chicken, Whole Grain Dinner Roll

Diner Station Chicken Sandwich, BBQ Rib Sandwich

Pizza Parlor Cheese & Pepperoni Pizza

Grab & Go Frito Salad

Sides Waffle Fries, Mixed Vegetables, Celery Sticks, Sliced Pears, Fresh Fruit Bar

THURSDAY

FRIDAY

EXTRA INFO

For questions, please contact Food Service Director Rosy Rivera
rosa.rivera@smyer-isd.com
**Choice of Milk: 1% White or Chocolate*
**Entrée Salads served with a Grain.*

This menu is subject to change without notice. This institution is an equal opportunity provider.

TAHER INC.