



SMYER ISD ELEMENTARY LUNCH MENU

November
2022

Fresh Vegetable choices and Seasonal Fruit are offered Daily



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1 Nacho Bar Corn Dog Cheeseburger w/ Fries Spiced Pinto Beans Tomato & Cucumber Salad Sliced Peaches Fresh Fruit Bar	2 Wing Bar Garlic Breadstick Spicy Chicken Sandwich Cheeseburger on a Bun w/ Fries Baked Beans Baby Carrots Fresh Pineapple Fresh Fruit Bar	3 Lasagna Rollup with Sauce Garlic Breadstick Chicken Nuggets w/Roll Mashed Potatoes Whole Grain Dinner Roll Cheeseburger Romaine Lettuce Celery Sticks Glazed Carrots Watermelon Chunks	4 Pepperoni Pizza chicken Taquitomarinara Sauce Cheeseburger on a Bun French Fries Peas & Carrots Cherry Tomato Fresh Grapes Fresh Fruit Bar
7 Creamy Chicken Enchilada Bake Tortilla Chips Hawaiian Ham Sliders Corn Dog w/Fries Spring Corn Salad Cucumber Slices Cantaloupe Fresh Fruit Bar	8 BBQ Chicken Legs Creamy Potato Salad Whole Grain Dinner Roll Cheeseburger Corn Dog Golden Crinkle Cut French Fries Ranch Style Beans Corn on the Cob Pineapple Tidbits Fresh Fruit Bar	9 Walking Taco w/Cheese Sauce Refried Beans Italian Sub Corn Dog w/Fries Broccoli Florets Celery Sticks Watermelon Chunks Fresh Fruit Bar	10 Country Fried Steak Fingers w/Roll Mashed Potatoes & Gravy Chili Dog Corn Dog w/Fries Macaroni & Cheese Garden Salad Sliced Pears Fresh Fruit Bar	11 Chili Cheese Fries Garlic Breadstick Buffalo Chicken Wrap Corn Dog w/Fries Sweet Corn Cucumber Slices Diced Peaches Fresh Fruit Bar
14 Italian Meatball Sub BBQ Burger Ham & Cheese Pinwheel w/Fries Roasted Zucchini Roasted Broccoli Romaine & Spinach Salad Watermelon Chunks Fresh Fruit Bar	15 Turkey/gravy Bread Stuffing Whole Grain Dinner Roll Beef Philly sandwich Ham & Cheese Pinwheel Steamed Green Beans Mashed Potatoes Snowball Salad Fresh Fruit Basket Cranberry sauce	16 Beef Chili Cornbread Spicy Chicken Sandwich Ham & Cheese Pinwheel Golden French Fries Peas & Carrots Cucumber Slices Watermelon Chunks Fresh Fruit Bar	17 Beefy Nachos & Queso Sauce Hotdog Ham & Cheese Pinwheel Golden Crinkle Cut French Fries Spring Mix Lettuce Spiced Pinto Beans Pears Fruit Bar	18 Chicken Alfredo w/Pasta Garlic Breadstick Spicy Chicken Sandwich Ham & Cheese Pinwheel Waffle Fry Caesar Salad Broccoli Florets Strawberries & Bananas Mix Fresh Fruit Bar
21 NO SCHOOL	22 NO SCHOOL	23 NO SCHOOL	24 NO SCHOOL	25 NO SCHOOL
28 Cheese & Pepperoni Pizza Crispy Chicken Nuggets Mashed Potatoes, Gravy & Dinner Roll Crispy Chicken Wrap Tater Tots Glazed Carrots Tomato & Cucumber Salad Diced Peaches Fruit Bar	29 Italian Meatball Sub Spicy Chicken Patty on Bun Crispy Chicken Wrap w/Fries Italian Tomato Salad Steamed Broccoli Mixed Fruit Fresh Fruit Bar Potato Wedges	30 Tangerine Chicken Bread Stick Chicken Sandwich Crispy Chicken Wrap Waffle Fries Mixed Vegetables Celery Sticks Sliced Pears Fresh Fruit Bar		

PRICES	Students Lunch	FREE
	Adult Lunch	\$4.50

EXTRA INFO

For questions, please contact Food Service
 Director Rosy Rivera
 rosa.rivera@smyer-isd.com
 *Choice of Milk: 1% White or Chocolate
 *Entrée Salads served with a Grain.



Your MENUS plus more information on our app
 Taher Food4Life®

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