



# SMYER ISD BREAKFAST MENU

January  
2023

Start your day with a healthy breakfast



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>2</p> <p>HAPPY NEW YEAR!</p>	<p>3</p> <p>NO SCHOOL</p>	<p>4</p> <p>NO SCHOOL</p>	<p>5</p> <p>NO SCHOOL</p>	<p>6</p> <p>NO SCHOOL</p>
<p>9</p> <p>NO SCHOOL</p>	<p>10</p> <p>Sausage Breakfast Pizza</p> <p>Choice of Cereal Graham Crackers or Toast</p> <p>Choice of Muffin</p> <p>Fresh Fruit Bar Juice Choice</p>	<p>11</p> <p>Burrito Bar</p> <p>Choice of Cereal Graham Crackers or Toast</p> <p>Fruited Granola Parfait</p> <p>Caribbean Cruise Smoothie Fresh Fruit Bar Juice Choice</p>	<p>12</p> <p>Pancake on a Stick</p> <p>Choice of Cereal Graham Crackers or Toast</p> <p>Choice of Muffin</p> <p>Fresh Fruit Bar Milk &amp; Juice Choice</p>	<p>13</p> <p>French Toast Sticks Bacon</p> <p>Choice of Cereal Graham Crackers or Toast</p> <p>Fruited Cereal Parfait</p> <p>Fresh Fruit Bar Juice Choice</p>
<p>16</p> <p>NO SCHOOL</p>	<p>17</p> <p>Oatmeal &amp; Fixings Bacon</p> <p>Choice of Cereal Graham Crackers or Toast</p> <p>Choice of Muffin</p> <p>Fresh Mixed Fruit Milk &amp; Juice Choice</p>	<p>18</p> <p>Biscuit, Sausage &amp; Gravy</p> <p>Choice of Cereal Graham Crackers or Toast</p> <p>Banana Split Parfait</p> <p>Fresh Fruit Bar Milk &amp; Juice Choice</p>	<p>19</p> <p>Strawberry Stacker Sausage Patty</p> <p>Choice of Cereal Graham Crackers or Toast</p> <p>Choice of Muffin</p> <p>Fresh Fruit Bar Milk &amp; Juice Choice</p>	<p>20</p> <p>Bacon, Egg &amp; Cheese on Biscuit</p> <p>Choice of Cereal Graham Crackers or Toast</p> <p>Fruited Granola Parfait</p> <p>Fresh Mixed Fruit Milk &amp; Juice Choice</p>
<p>23</p> <p>Pancakes Sausage Patty</p> <p>Choice of Cereal Graham Crackers or Toast</p> <p>Choice of Muffin</p> <p>Fresh Fruit Bar Juice Choice</p>	<p>24</p> <p>Breakfast Pizza</p> <p>Choice of Cereal Graham Crackers or Toast</p> <p>Fruited Cereal Parfait</p> <p>Berry Banana Smoothie Fresh Fruit Bar Milk &amp; Juice Choice</p>	<p>25</p> <p>Breakfast Bowl</p> <p>Choice of Cereal Graham Crackers or Toast</p> <p>Choice of Muffin</p> <p>Fresh Fruit Bar Juice Choice</p>	<p>26</p> <p>Pancake on a Stick</p> <p>Choice of Cereal Graham Crackers or Toast</p> <p>Banana Split Parfait</p> <p>Fresh Fruit Basket Milk &amp; Juice Choice</p>	<p>27</p> <p>Dutch Waffle Sausage Patty</p> <p>Choice of Cereal Graham Crackers or Toast</p> <p>Choice of Muffin</p> <p>Fresh Fruit Basket Milk &amp; Juice Choice</p>
<p>30</p> <p>WG Breakfast Stacker</p> <p>Choice of Cereal Graham Crackers or Toast</p> <p>Yogurt Fruit Parfait</p> <p>Fresh Fruit Basket Milk &amp; Juice Choice</p>	<p>31</p> <p>Breakfast Burrito</p> <p>Choice of Cereal Graham Crackers or Toast</p> <p>Choice of Muffin</p> <p>Fresh Fruit Bar Milk &amp; Juice Choice</p>			

PRICES

Students  
Adult Breakfast

FREE  
\$2.75

EXTRA INFO

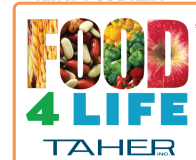
For questions, please contact Food Service  
Director Rosy Rivera  
rosa.rivera@smyer-isd.com  
\*Choice of Milk: 1% White or Chocolate

HARVEST OF



THE MONTH

Your MENUS plus more  
information on our app  
TaHer Food4Life®



www.taHer.com

Menus are subject to change without notice. This institution is an equal opportunity provider.