



# SMYER ISD ELEMENTARY LUNCH MENU

February  
2023

Fresh Vegetable choices and Seasonal Fruit are offered Daily



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		<b>1</b> Chicken Potstickers Chicken Fried Rice Crispy Chicken Sandwich Deli Sub Steamed Carrots Baby Carrots Pineapple Tidbits Fresh Apple Mini Rice Krispie Treat	<b>2</b> Chicken Fajitas Cheese Pizza Deli Sub Spiced Pinto Beans Baby Carrots Applesauce Banana	<b>3</b> Toasted Cheese Sandwich Tomato Soup Sun Chips Hamburger on a Bun Deli Sub California Blend Vegetable Baby Carrots Diced Peaches Fresh Orange
<b>6</b> BBQ Pulled Pork on Pretzel Bun Pepperoni Pizza Buffalo Chicken Wrap Black Beans Red Peppers Diced Peaches Fresh Orange	<b>7</b> Sloppy Joe on a Bun Sun Chips Cheeseburger on a Bun Buffalo Chicken Wrap Roasted Broccoli Red Peppers Mixed Canned Fruit Fresh Apple	<b>8</b> Build Your Own Mac & Cheese Whole Grain Dinner Roll Cheese Pizza Buffalo Chicken Wrap Roasted Corn Red Peppers Pineapple Tidbits Fresh Orange Birthday Cake	<b>9</b> Shrimp Poppers Cheesy Garlic Toast Cheeseburger on a Bun Buffalo Chicken Wrap Coleslaw Red Peppers Applesauce Fresh Apple	<b>10</b> Cheesy Broccoli Bites Cinnamon Roll Pepperoni Pizza Buffalo Chicken Wrap Whole Grain Dinner Roll Steamed Carrots Red Peppers Diced Peaches Fresh Orange
<b>13</b> Chicken Alfredo w/Pasta Rip Stick Breadstick Corn Dog Turkey BLT Wrap Green Beans Cherry Tomato Diced Peaches Fresh Apple	<b>14</b> Italian Meatball Sub Sun Chips Cheese Pizza Turkey BLT Wrap Steamed Corn Cherry Tomato Mixed Canned Fruit Fresh Grapes Strawberries and Cream	<b>15</b> BBQ Rib Sandwich Grilled Ham & Cheese Sandwich Turkey BLT Wrap Refried Beans Cherry Tomato Pineapple Tidbits Banana	<b>16</b> Pasta with Meat Sauce Garlic Toast Sausage & Pepperoni Pizza Turkey BLT Wrap Roasted Broccoli Cherry Tomato Applesauce Fresh Orange	<b>17</b> French Toast Sticks Sausage Patty Crispy Chicken Sandwich Turkey BLT Wrap Baby Carrots Cherry Tomato Diced Peaches Fresh Grapes
<b>20</b> NO SCHOOL	<b>21</b> NO SCHOOL	<b>22</b> Corn Dog Chicken Taquito Chef Salad Rip Stick Breadstick Baked Beans Baby Carrots Pineapple Tidbits Banana Rice Krispie Treat	<b>23</b> Cubano on a Sub Roll Cheese Pizza Chef Salad Tater Tots Baby Carrots Applesauce Fresh Apple	<b>24</b> Lasagna Rollup with Sauce Garlic Toast Hamburger on a Bun Chef Salad Rip Stick Breadstick California Blend Vegetable Baby Carrots Diced Peaches Banana
<b>27</b> Chicken Bacon Ranch Melt Crispy Chicken Sandwich Honey Mustard Ham Wrap Baked Beans Cucumber Slices Diced Peaches Fresh Pear	<b>28</b> Meatball Marinara Sub Sun Chips Cheese Pizza Honey Mustard Ham Wrap Roasted Broccoli Cucumber Slices Mixed Canned Fruit Fresh Pear			

<b>PRICES</b>	Students Lunch	FREE
	Adult Lunch	\$4.50
<b>EXTRA INFO</b>		

For questions, please contact Food Service  
 Director Rosy Rivera  
 rosa.rivera@smyer-isd.com  
 \*Choice of Milk: 1% White or Chocolate  
 \*Entrée Salads served with a Grain.



Your MENUS plus more information on our app  
 Taher Food4Life®

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