



# SMYER ISD Breakfast Menu

March  
2024

Start each day with a healthy Lunch

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	27	28	29	1 Blueberry Loaf Choice of Cereal Graham Crackers 100% Apple Juice Fruit Selection Milk Choice
4 Ham Breakfast Burrito Choice of Cereal Graham Crackers 100% Grape Juice Fruit Selection Milk Choice	5 Cheesy Ham Melt Choice of Cereal Graham Crackers 100% Apple Juice Fruit Selection Milk Choice	6 Lemon Poppy Seed Muffin Cheese Stick Choice of Cereal Graham Crackers 100% Grape Juice Fruit Selection Milk Choice	7 Pancake on a Stick Choice of Cereal Graham Crackers 100% Apple Juice Fruit Selection Milk Choice	8 <b>Early Release</b> Breakfast Flatbread Choice of Cereal Graham Crackers 100% Grape Juice Fruit Selection Milk Choice
11 <b>No School</b>	12 <b>No School</b>	13 <b>No School</b>	14 <b>No School</b>	15 <b>No School</b>
18 Pancake on a Stick Choice of Cereal Graham Crackers 100% Apple Juice Fruit Selection Milk Choice	19 Breakfast Sandwich Choice of Cereal Graham Crackers 100% Grape Juice Fruit Selection Milk Choice	20 Sausage Breakfast Pizza Choice of Cereal Graham Crackers 100% Apple Juice Fruit Selection Milk Choice	21 Blueberry Loaf Choice of Cereal Graham Crackers 100% Grape Juice Fruit Selection Milk Choice	22 Mini Eggo Waffles Pork Sausage Link Choice of Cereal Graham Crackers 100% Apple Juice Fruit Selection Milk Choice
25 Sausage Breakfast Pizza Choice of Cereal Graham Crackers 100% Grape Juice Fruit Selection Milk Choice	26 Bacon, Egg & Cheese on Biscuit Choice of Cereal Graham Crackers 100% Apple Juice Fruit Selection Milk Choice	27 Cinnamon Roll Choice of Cereal Graham Crackers 100% Grape Juice Fruit Selection Milk Choice	28 Breakfast Bowl Toast Choice of Cereal Graham Crackers 100% Apple Juice Fruit Selection Milk Choice	29 <b>Early Release</b> Mini Eggo Waffles Choice of Cereal Graham Crackers 100% Grape Juice Fruit Selection Milk Choice

<b>PRICES</b>	Students	FREE
	Adults	\$2.75
	<b>EXTRA INFO</b>	

For questions please contact Pearl Dunaway  
pearl.dunaway@smyer-isd.net  
1% White Milk and Skim Chocolate Milk offered  
Daily



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# Smyer Pre-K Lunch Menu

March  
2024

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>This is for Food 4 Thought</p>	<p>27</p>	<p>28</p>	<p>29</p>	<p>1</p> <p>Fish Sticks Roasted Corn Diced Pears</p> <p>1% Unflavored Milk</p>
<p>4</p> <p>Chicken and Cheese Quesadilla California Blend Vegetable Diced Peaches</p> <p>1% Unflavored Milk</p>	<p>5</p> <p>Cheeseburger Spiced Pinto Beans Mixed Canned Fruit</p> <p>1% Unflavored Milk</p>	<p>6</p> <p>Grilled Cheese Sandwich Broccoli Florets Pineapple Tidbits</p> <p>1% Unflavored Milk</p>	<p>7</p> <p>Popcorn Chicken Bowl Biscuit Steamed Corn Applesauce</p> <p>1% Unflavored Milk</p>	<p>8 <b>Early Release</b></p> <p>Turkey Deli Sandwich Harvest Cheddar Sun Chips Baby Carrots Fresh Apple</p> <p>1% Unflavored Milk</p>
<p>11 <b>No School</b></p>	<p>12 <b>No School</b></p>	<p>13 <b>No School</b></p>	<p>14 <b>No School</b></p>	<p>15 <b>No School</b></p>
<p>18</p> <p>Chicken Bacon Alfredo Flatbread Mojo Fries Peaches, Diced</p> <p>1% Unflavored Milk</p>	<p>19</p> <p>Chicken Spaghetti Rip Stick Breadstick Steamed Broccoli Mixed Canned Fruit</p> <p>1% Unflavored Milk</p>	<p>20</p> <p>Crispy Chicken Nuggets Dinner Roll Baby Carrots Diced Pears</p> <p>1% Unflavored Milk</p>	<p>21</p> <p>Cheeseburger on a Bun Spiced Pinto Beans Applesauce</p> <p>1% Unflavored Milk</p>	<p>22</p> <p>Toasted Cheese Sandwich California Blend Vegetable Diced Pears</p> <p>1% Unflavored Milk</p>
<p>25</p> <p>Hamburger on a Bun Red/Orange Bell Pepper Peaches, Diced</p> <p>1% Unflavored Milk</p>	<p>26</p> <p>Pigs in a Blanket Spiced Pinto Beans Mixed Canned Fruit</p> <p>1% Unflavored Milk</p>	<p>27</p> <p>Chicken Bacon Ranch Melt Potato Wedges Pineapple Tidbits</p> <p>1% Unflavored Milk</p>	<p>28</p> <p>Chicken Alfredo w/Pasta Dinner Roll Green Beans Applesauce</p> <p>1% Unflavored Milk</p>	<p>29 <b>Early Release</b></p> <p>Cheese Pizza Harvest Cheddar Sun Chips Baby Carrots Fresh Apple</p> <p>1% Unflavored Milk</p>

**PRICES**

Students	Free
Adults	\$4.75

**EXTRA INFO**

For questions, please contact Pearl Dunaway,  
pearl.dunaway@smyer-isd.net

**HARVEST OF THE MONTH**

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# Smyer ISD Elementary Lunch Menu

Fresh Vegetables and Fruits offered daily!

March  
2024

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	27	28	29	1
				Fish Sticks BBQ Pulled Pork on Ciabatta  Roasted Corn Baby Carrots Diced Pears  Milk Choice
4  Chicken & Cheese Quesadilla Chicken Taquito  California Blend Vegetable Red/Orange Bell Pepper Peaches, Diced  Milk Choice	5  Ham Breakfast Burrito Salsa Crispy Chicken Salad  Spiced Pinto Beans Broccoli Florets Mixed Canned Fruit  Milk Choice	6  Grilled Cheese Sandwich Chicken Caesar Salad  Steamed Carrots Broccoli Florets Pineapple Tidbits  Milk Choice	7  Popcorn Chicken Bowl Biscuit Pepperoni Pizza  Roasted Corn Cucumber Slices Diced Pears  Milk Choice	8 <b>Early Release</b>  Turkey Deli Sandwich Harvest Cheddar Sun Chips Baby Carrots Fresh Apple  Milk Choice
11 <b>No School</b>	12 <b>No School</b>	13 <b>No School</b>	14 <b>No School</b>	15 <b>No School</b>
18  Chicken Bacon Alfredo Flatbread Chef Salad  Mojo Fries Baby Carrots Peaches, Diced  Milk Choice	19  Chicken Spaghetti Rip Stick Breadstick Cheeseburger  Steamed Broccoli Red/Orange Bell Pepper Mixed Canned Fruit  Milk Choice	20  Crispy Chicken Nuggets Dinner Roll Chef Salad  Mashed Potatoes Baby Carrots Pineapple Tidbits  Milk Choice	21  Queso Chicken and Spanish Rice Salsa Southwestern Burger  Spiced Pinto Beans Romaine Lettuce Applesauce  Milk Choice	22  Fish Sticks Dinner Roll Cheese Pizza  California Blend Vegetable Cherry Tomato Diced Pears  Milk Choice
25  Chicken Bacon Alfredo Flatbread Crispy Chicken Wrap  Roasted Broccoli Red/Orange Bell Pepper Peaches, Diced  Milk Choice	26  Pigs in a Blanket Chicken Caesar Salad Dinner Roll  Spiced Pinto Beans Cherry Tomato Mixed Canned Fruit  Milk Choice	27  Crispy Chicken Tenders Dinner Roll Hamburger on a Bun  Potato Wedges Red/Orange Bell Pepper Pineapple Tidbits  Milk Choice	28  Chicken Alfredo w/Pasta Dinner Roll Chicken Caesar Salad  Steamed Green Beans Celery Sticks Applesauce  Milk Choice	29 <b>Early Release</b>  Turkey Deli Sandwich Harvest Cheddar Sun Chips Baby Carrots Fresh Apple  Milk Choice

PRICES

Student Lunch  
Adult

FREE  
\$4.75

EXTRA INFO

For questions please contact Pearl Dunaway  
 pearl.dunaway@smyer-isd.net  
 1%White Milk And Skim Chocolate Milk  
 Offered Daily  
 Entrée Salads are served with a Grain.

HARVEST OF



THE MONTH



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# Smyer ISD Secondary Lunch Menu

March  
2024

Fresh Vegetable choices and Seasonal Fruit are offered Daily

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	27	28	29	1 Fish Sticks Max Stix BBQ Pulled Pork on Ciabatta  Roasted Corn Baby Carrots Diced Pears  Milk Choice
4 Chicken and Cheese Quesadilla Chicken Taquito Crispy Chicken Sandwich  California Blend Vegetable Red/Orange Bell Pepper Peaches, Diced  Milk Choice	5 Ham Breakfast Burrito Salsa Cheeseburger on a Bun Crispy Chicken Salad  Spiced Pinto Beans Broccoli Florets Mixed Canned Fruit  Milk Choice	6 Grilled Cheese Sandwich Chicken Caesar Salad Honey Mustard Ham Wrap  Steamed Carrots Broccoli Florets Pineapple Tidbits  Milk Choice	7 Popcorn Chicken Bowl Biscuit Spicy Chicken Patty on Bun Pepperoni Pizza  Roasted Corn Cucumber Slices Diced Pears  Milk Choice	8 <b>Early Release</b> Turkey Deli Sandwich Harvest Cheddar Sun Chips Baby Carrots Fresh Apple Milk Choice
11 <b>No School</b>	12 <b>No School</b>	13 <b>No School</b>	14 <b>No School</b>	15 <b>No School</b>
18 Chicken Bacon Alfredo Flatbread Crispy Chicken Sandwich Chef Salad  Mojo Fries Baby Carrots Peaches, Diced  Milk Choice	19 Chicken Spaghetti Rip Stick Breadstick Cheeseburger on a Bun Buffalo Chicken Fajita Wrap  Steamed Broccoli Red/Orange Bell Pepper Mixed Canned Fruit  Milk Choice	20 Crispy Chicken Nuggets Dinner Roll Hamburger on a Bun Chef Salad  Mashed Potatoes Baby Carrots Diced Pears  Milk Choice	21 Queso Chicken and Spanish Rice Cheeseburger on a Bun Southwestern Burger  Spiced Pinto Beans Romaine Lettuce Applesauce  Milk Choice	22 Toasted Cheese Sandwich Tomato Soup Fish Sticks Dinner Roll Cheese Pizza  California Blend Vegetable Cherry Tomato Diced Pears  Milk Choice
25 Chicken Bacon Alfredo Flatbread Crispy Chicken Wrap Grilled Cheese Sandwich  Roasted Broccoli Red/Orange Bell Pepper Peaches, Diced  Milk Choice	26 Walkin' Tacos Pigs in a Blanket Chicken Caesar Salad  Spiced Pinto Beans Cherry Tomato Mixed Canned Fruit  Milk Choice	27 Crispy Chicken Tenders Dinner Roll Chicken Bacon Ranch Melt Hamburger on a Bun  Potato Wedges Red/Orange Bell Pepper Pineapple Tidbits  Milk Choice	28 Chicken Alfredo w/Pasta Dinner Roll Buffalo Chicken Wrap Chicken Caesar Salad  Green Beans Celery Sticks Applesauce  Milk Choice	29 <b>Early Release</b> Turkey Deli Sandwich Harvest Cheddar Sun Chips Baby Carrots Fresh Apple  Milk Choice

**PRICES**  
 Students Lunch  
 Adult Lunch

FREE  
 \$4.75

**EXTRA INFO**  
 For questions, please contact Pearl Dunaway  
 pearl.dunaway@smyer-isd.net  
 \*Choice of Milk: 1% White or Chocolate  
 \*Entrée Salads served with a Grain.

**HARVEST OF**

**THE MONTH**

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