

SMYER ISD
WELLNESS/SHAC COMMITTEE MEETING MINUTES
December 14, 2022

Smyer ISD Wellness/SHAC met on December 14, 2022. The following committee members were in attendance: Matt Pond, Mike Schaap, Shari Blount, Summer Stracener, Jessica Anthony, and Sarah Stracener. Via Zoom: Christopher St. Clair, Micah Oliver, Samantha McGowan, and Amber Chrisman. The meeting was audio recorded, as well as a Zoom option was available. All members were notified of the requirement of audio recording of meetings, and that this meeting was being recorded.

The meeting was called to order by Summer. She ensured all members present signed in and were accounted for, as well as she documented the Zoom meeting participants. The committee reviewed the minutes from the previous meeting, the minutes had been provided previously via email to committee members, as well as posted to the Smyer ISD website. Goals met were providing physical activity and daily recess for elementary students. Nutrition was promoted through nutrition posters in the cafeteria. Nutrition standards were met with offering a nutritious breakfast and lunch being served in the cafeteria daily, following USDA and TDA guidelines to all students, at no charge. Members from different representations were present including staff, students, parents, grandparents, school board members and community members.

Summer Stracener, RN reported as per requirements, the agenda for all meetings of the SHAC committee are to be posted 72 hours prior to SHAC meetings. The agenda for this meeting was posted online on 12/9/2022 by Mr. Wade. The new and updated wellness plan and all minutes from past meetings are available to the public on the school's website, as per State law. Today's meeting minutes will be posted to the website, along with the audio recording of the meeting within the timeframe required.

Summer reported for Community/Family Involvement that the community and families of students were notified of the new security system in the school district, Raptor. This system requires visitors to sign in at the front office with a valid driver's license. A name tag is then printed for the visitor to wear while in the building. Staff have had trainings to stop someone if they do not have a name tag and ask them what they are doing in the building. The parents in attendance of the meeting stated the process was simple when they signed in for today's meeting.

The school counselor, Jo Hodnett, was unable to attend today's meeting due to EOC testing. Summer reported that the CATR program for counseling services through TTU has been going well. Multiple referrals have been made and the program has seemed to be a success.

Rosy Rivera with food services was unable to attend today's meeting. Summer reports that the STUCO polled the student body in secondary and there were about 169 responses to the poll. Students were able to give feedback to Rosy on the cafeteria food and meal service processes. This in turn allowed Rosy to review the student input and adapt menus and service as feasibly possible. Elementary has implemented a head count since the last SHAC meeting. This headcount serves as a way for the cafeteria to know what meals to prepare and for how many. Mr. Pond did note that the children are picking their lunch choices first thing in the morning and are forgetting what they picked by the time they go through the lunch line. He suggested problem shooting this with Rosy.

Mrs. Locke was unable to attend today to report but informed Summer there were no new updates to Physical Education and there were no other new reports on physical education today. Next meeting, Summer reports she hopes to have updates to Physical Education.

Summer Stracener, school nurse, reported for Healthy School Environment/Policy, we are continuing to follow guidelines for COVID-19 provided by administration, including hand sanitization, and screenings from the nurse on sick children, sending them home if they have any symptoms of illness. Parents and guardians are continuing to be asked to keep their children home if they are running a fever or have any symptoms consistent with COVID-19. Parent screenings at home before sending students to school are helpful with family/community involvement for the health of our school. As of November 14, rapid COVID testing is no longer being performed in the nurse's office. All COVID guidelines and school nurse's office protocols may be found on the SISD website. The screenings in the nurse's office are getting the sick children out faster. There have been several illnesses circulating in school such as the stomach bug, flu, and strep throat. Nurse Summer reports these illnesses are important to building immune systems and will help immunity to future illnesses. She reports children are still encouraged to have healthy hand hygiene and good handwashing habits, and she will continue education in the classrooms with elementary.

Summer Stracener provided an employee health update, stating she continues to screen employees for symptoms of illness. She reports the Covenant Wellness Bus returned on November 9th for all staff that want to participate. There were about 20 staff members that participated. She also reports that she forwards a monthly health/wellness newsletter to the staff in the district from Covenant. She has had good feedback from staff about the newsletter.

Summer reports the school hosted a fentanyl program through DPS that seemed to be very effective. Education for students in grade 7-12 was completed on the dangers of opioids and there was a question-and-answer period where there was student involvement. The anti-vaping curriculum will be launched next semester when we return from Christmas break.

Summer states for everyone to communicate with each other via email, ensuring to "Reply All" to each other so all members are knowledgeable on what is being discussed. Everyone stated agreement.

The meeting was adjourned at 03:25pm.

Summer Stracener, RN
School Nurse- 12.14.2022