



Smyer ISD Breakfast Menu

April
2024

Start each day with a healthy breakfast!!

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 No School	2 No School	3 Cheesy Ham Melt Choice of Cereal Graham Crackers Apple Juice Fruit Selection Milk	4 Sausage Breakfast Pizza Choice of Cereal Graham Crackers Orange Juice Fruit Selection Milk	5 Early Release Ham Breakfast Burrito Choice of Cereal Graham Crackers Fruit Blend Juice Fruit Selection Milk
8 Waffles Syrup Choice of Cereal Graham Crackers Apple Juice Fruit Selection	9 Strawberry Yogurt Parfait Granola Choice of Cereal Graham Crackers Grape Juice Fruit Selection	10 Breakfast Flatbread Choice of Cereal Graham Crackers Apple Juice Fruit Selection	11 Cheese Omelet Pork Sausage Link Toast Choice of Cereal Graham Crackers Orange Juice Fruit Selection	12 Biscuits & Gravy Choice of Cereal Graham Crackers Fruit Blend Juice Fruit Selection
15 Scrambled Egg Toast Choice of Cereal Graham Crackers Apple Juice Fruit Selection	16 Pancake on a Stick Choice of Cereal Graham Crackers Grape Juice Fruit Selection Milk	17 Egg & Cheese Breakfast Sandwich Choice of Cereal Graham Crackers Apple Juice Fruit Selection	18 Banana Chocolate Loaf Choice of Cereal Graham Crackers Orange Juice Fruit Selection Milk	19 Cinnamon Roll Choice of Cereal Graham Crackers Fruit Blend Juice Fruit Selection
22 Brekkie Choice of Cereal Graham Crackers Apple Juice Fruit Selection Milk	23 Breakfast Bowl Biscuit Choice of Cereal Graham Crackers Grape Juice Fruit Selection Milk	24 Breakfast Pizza Choice of Cereal Graham Crackers Apple Juice Fruit Selection Milk	25 Blueberry Loaf Choice of Cereal Graham Crackers Orange Juice Fruit Selection Milk	26 Mini Waffles Choice of Cereal Graham Crackers Fruit Blend Juice Fruit Selection Milk
29 Strawberry Mini Bagel Cheese Stick Choice of Cereal Graham Crackers Apple Juice Fruit Selection	30 Bacon, Egg & Cheese on Biscuit Choice of Cereal Graham Crackers Grape Juice Fruit Selection	1		

PRICES

Students
Adults

EXTRA INFO

FREE
\$2.75

For questions please contact Pearl Dunaway
pearl.dunaway@smyer-isd.net
Milk Choice available daily: 1% White and
Skim Chocolate

HARVEST OF THE MONTH

PAPAYA
ASPARAGUS
CHIVES

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SMYER PRE-K LUNCH MENU

April
2024

Fresh Vegetables and Fruits offered daily!

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 No School	2 No School	3 Chicken and Cheese Quesadilla Refried Beans Pineapple Tidbits 1% Unflavored Milk	4 Pasta with Meat Sauce Roasted Broccoli Applesauce 1% Unflavored Milk	5 Early Release Corn Dog Cheddar Sunchips Baby Carrots Fresh Apple 1% Unflavored Milk
8 Crispy Chicken Nuggets Dinner Roll Green Beans Peaches, Diced 1% Unflavored Milk	9 Beef Nachos Baby Carrots Mixed Canned Fruit 1% Unflavored Milk	10 Meatloaf Dinner Roll Mashed Potatoes Gravy Pineapple Tidbits 1% Unflavored Milk	11 Cheeseburger on a Bun Steamed Green Beans Applesauce 1% Unflavored Milk	12 Cheese Pizza California Vegetables Diced Pears 1% Unflavored Milk
15 Macaroni & Cheese Fish Sticks Baked Beans, Vegetarian Peaches, Diced 1% Unflavored Milk	16 Sack Lunches Corn Dog Cheddar Sunchips Baby Carrots Fresh Apple 1% Unflavored Milk	17 Crispy Chicken Sandwich Steamed Carrots Pineapple Tidbits 1% Unflavored Milk	18 Popcorn Chicken Bowl Cucumber Slices Applesauce 1% Unflavored Milk	19 Cheese Pizza Steamed Green Beans Diced Pears 1% Unflavored Milk
22 Cheese Bosco Stick Marinara Sauce Red/Orange Bell Pepper Peaches, Diced 1% Unflavored Milk	23 Beef Nachos Spiced Pinto Beans Mixed Canned Fruit 1% Unflavored Milk	24 Orange Chicken Brown Rice Steamed Carrots Pineapple Tidbits 1% Unflavored Milk	25 Corn Dog Potato Wedges Applesauce 1% Unflavored Milk	26 Pasta Bake Garlic Breadstick Steamed Broccoli Diced Pears 1% Unflavored Milk
29 Beef Hot Dog on a Bun Red/Orange Bell Pepper Peaches, Diced 1% Unflavored Milk	30 Sack Lunches Crispy Chicken Sandwich Cheddar Sunchips Baby Carrots Fresh Apple 1% Unflavored Milk	1		

PRICES

Student Lunch FREE
Adult \$4.75

EXTRA INFO

For questions please contact Pearl Dunaway
pearl.dunaway@smyer-isd.net
1% White Milk offered daily

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Smyer ISD Elementary Lunch Menu

April
2024

Fresh Vegetables and Fruits offered daily!

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 No School	2 No School	3 Chicken & Cheese Quesadilla Salsa Crispy Chicken Sandwich Refried Beans Baby Carrots Pineapple Tidbits Milk Choice	4 Pasta with Meat Sauce Garlic Breadstick Cheeseburger on a Bun Roasted Asparagus Red/Orange Bell Pepper Applesauce Milk Choice	5 Early Release Corn Dog Cheddar Sunchips Baby Carrots Fresh Apple Milk Choice
8 Grilled Ham & Cheese Sandwich Crispy Chicken Nuggets Dinner Roll Green Beans Baby Carrots Peaches, Diced Milk Choice	9 Corn Dog Beef Nachos Spiced Pinto Beans Red/Orange Bell Pepper Mixed Canned Fruit Salsa Milk Choice	10 Meatloaf Dinner Roll Crispy Chicken Sandwich Mashed Potatoes Cherry Tomato Pineapple Tidbits Gravy Milk Choice	11 Cheeseburger on a Bun Chef Salad California Blend Vegetable Baby Carrots Applesauce Milk Choice	12 Homemade Lasagna Garlic Breadstick Choice of Pizza Roasted Broccoli Red/Orange Bell Pepper Diced Pears Milk Choice
15 Fish Sticks Macaroni & Cheese Crispy Chicken Nuggets Dinner Roll Baked Beans Broccoli Florets Peaches, Diced Milk Choice	16 Sack Lunches Ham & Cheese Sandwich (1-2) Corn dog (K,3-6) Cheddar Sunchips Baby Carrots Fresh Apple Milk Choice	17 Toasted Italian Cheese Sandwich Marinara Sauce Crispy Chicken Sandwich Steamed Carrots Broccoli Florets Pineapple Tidbits Milk Choice	18 Popcorn Chicken Bowl Bread Stick Cheeseburger on a Bun Golden French Fries Cucumber Slices Applesauce Milk Choice	19 Steak Fingers Dinner Roll Choice of Pizza Steamed Green Beans Broccoli Florets Diced Pears Gravy Milk Choice
22 Cheese Bosco Stick Marinara Sauce Crispy Chicken Nuggets Dinner Roll Steamed Green Beans Red/Orange Bell Pepper Peaches, Diced Milk Choice	23 Beef Nachos Southwest Chicken Salad Spiced Pinto Beans Baby Carrots Mixed Canned Fruit Salsa Milk Choice	24 Orange Chicken Brown Rice Crispy Chicken Sandwich Steamed Carrots Red/Orange Bell Pepper Pineapple Tidbits Milk Choice	25 Corn Dog Cheeseburger on a Bun Potato Wedges Baby Carrots Applesauce Milk Choice	26 Pasta Bake Garlic Breadstick Choice of Pizza Roasted Broccoli Red/Orange Bell Pepper Diced Pears Milk Choice
29 Beef Hot Dog on a Bun Crispy Chicken Nuggets Dinner Roll Warm Potato Salad Red/Orange Bell Pepper Peaches, Diced Milk Choice	30 Sack Lunches Turkey & Cheese Sub (1-2) Chicken Patty Sandwich (K,3-6) Cheddar Sunchips Baby Carrots Fresh Apple Milk Choice	1		

PRICES

Student Lunch FREE
Adult \$4.75

EXTRA INFO

For questions please contact Pearl Dunaway
pearl.dunaway@smyer-isd.net
Milk Choice: 1% White or Skim Chocolate
offered daily
Entrée Salads are served with a Grain.

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SMYER ISD SECONDARY LUNCH MENU

April
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Fresh Vegetable choices and Seasonal Fruit are offered Daily

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 No School	2 No School	3 Chicken & Cheese Quesadilla Salsa Crispy Chicken Sandwich Crispy Chicken Salad Refried Beans Baby Carrots Pineapple Tidbits Milk Choice	4 Pasta with Meat Sauce Garlic Breadstick Cheeseburger on a Bun Turkey BLT Wrap Roasted Asparagus Red/Orange Bell Pepper Applesauce Milk Choice	5 Early Release Corn Dog Cheddar Sunchips Baby Carrots Fresh Apple Milk Choice
8 Grilled Ham & Cheese Sandwich Crispy Chicken Nuggets Dinner Roll Chef Salad Green Beans Baby Carrots Peaches, Diced Milk Choice	9 Corn Dog Beef Nachos Ham and Cheese Charcuterie Spiced Pinto Beans Red/Orange Bell Pepper Mixed Canned Fruit Salsa Milk Choice	10 Meatloaf Dinner Roll Crispy Chicken Sandwich Chef Salad Mashed Potatoes Cherry Tomato Pineapple Tidbits Gravy Milk Choice	11 Chicken Fried Rice Cheeseburger on a Bun Ham and Cheese Charcuterie California Blend Vegetables Baby Carrots Applesauce Milk Choice	12 Homemade Lasagna Garlic Breadstick Choice of Pizza Chef Salad Roasted Broccoli Red/Orange Bell Pepper Diced Pears Milk Choice
15 Macaroni & Cheese Fish Sticks Crispy Chicken Nuggets Dinner Roll Craving Chicken Salad Baked Beans Broccoli Florets Peaches, Diced Milk Choice	16 Ham Breakfast Burrito Salsa Beef Tacos w/ Spanish Rice Honey Mustard Ham Wrap Refried Beans Baby Carrots Fresh Apple Milk Choice	17 Toasted Italian Cheese Sandwich Marinara Sauce Crispy Chicken Sandwich Craving Chicken Salad Steamed Carrots Broccoli Florets Pineapple Tidbits Milk Choice	18 Popcorn Chicken Bowl Bread Stick Cheeseburger on a Bun Honey Mustard Ham Wrap Golden French Fries Cucumber Slices Applesauce Milk Choice	19 Steak Fingers Dinner Roll Choice of Pizza Craving Chicken Salad Steamed Green Beans Broccoli Florets Diced Pears Gravy Milk Choice
22 Cheese Bosco Stick Crispy Chicken Nuggets Dinner Roll NY Style Buffalo Chicken Dip w/ Flatbread Charcuterie Steamed Green Beans Red/Orange Bell Pepper Peaches, Diced Milk Choice	23 Beef & Cheese Burrito Beef Nachos Southwest Chicken Salad Spiced Pinto Beans Baby Carrots Mixed Canned Fruit Salsa Milk Choice	24 Orange Chicken Brown Rice Crispy Chicken Sandwich NY Style Buffalo Chicken Dip w/ Flatbread Charcuterie Steamed Carrots Red/Orange Bell Pepper Pineapple Tidbits Milk Choice	25 Corn Dog Cheeseburger on a Bun Southwest Chicken Salad Potato Wedges Baby Carrots Applesauce Milk Choice	26 Pasta Bake Garlic Breadstick Choice of Pizza NY Style Buffalo Chicken Dip w/ Flatbread Charcuterie Roasted Broccoli Red/Orange Bell Pepper Diced Pears Milk Choice
29 Beef Hot Dog on a Bun Crispy Chicken Nuggets Dinner Roll Chef Salad Warm Potato Salad Red/Orange Bell Pepper Peaches, Diced Milk Choice	30 Beef Tacos w/ Spanish Rice Crispy Chicken Sandwich Turkey & Cheese Deli Sandwich Roasted Broccoli Baby Carrots Fresh Apple Salsa Milk Choice	1		

PRICES

Students Lunch FREE
Adult Lunch \$4.75

EXTRA INFO

For questions, please contact Pearl Dunaway
pearl.dunaway@smyer-isd.com
*Choice of Milk: 1% White or Chocolate
*Entrée Salads served with a Grain.

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